

# Spa Experiences

*Our aim when you visit either of our spas that your visit is nothing short of incredible, leaving you feeling relaxed and rejuvenated.*

## TIME OUT FOR TWO (1½ HRS)

Back, Neck and Shoulder Massage  
Relaxing Scalp Massage  
Relaxing Facial Massage with Masque  
Luxury Foot Treatment (bubbles & fruit included)

R2860  
per couple

## ULTIMATE FULL DAY SPA RITUAL (4½ HRS)

Full Body Massage  
Symbiosis Manicure or Gelish Nails  
Advanced Facial  
Deluxe Pedicure/Gel Nails (bubbles & fruit included)

R3020  
per person

## MOMMY-TO-BE RITUAL (3 HRS)

60min Pregnancy Massage  
Symbiosis Pedicure  
Customised Skin Treatment

R2180  
per person

## YOUR BESPOKE EXPERIENCE (1½ HRS)

*Choose any three of the following -*

Foot & Leg Massage  
Scalp Massage  
Relaxing Facial Massage with Masque  
Back Massage  
Hand or Foot Treatment

R1580  
per person

## LOVING COUPLES RETREAT (2½ HRS)

60min Full Body Massage  
Relaxing Foot Massage or Release Scalp Massage  
Customised Skin Treatment (bubbles & fruit included)

R4350  
per couple

## SIMBIOSIS SIGNATURE RETREAT (3 HRS)

Customised Skin Treatment  
60min Signature Full Body Massage  
Luxury Pedicure

R2180  
per person

## MENS THERAPY RETREAT (2½ HRS)

60min Deep Tissue Full Body Massage  
Customised Skin Treatment  
Back Exfoliation or Scalp Massage

R2180  
per person

## MELT THAT STRESS RETREAT (2HRS)

60min Deep Tissue Full Body Massage  
30min Foot & Leg Massage  
30min Scalp Massage

R1880  
per person

## THE SPA AT SIMBITHI

Monday: Closed  
Tuesday to Friday: 8:30am - 5pm  
Saturday: 8:30am - 4pm  
CLOSED ON SUNDAYS & PUBLIC HOLIDAYS

Unit 201 Simbithi Office Park  
Shaka's Rock Road, Ballito  
Tel: 032 815 0606  
WhatsApp: 079 586 5651



## THE SPA AT COCO

Monday: 8:45am - 4pm  
Tuesday to Friday: 8:45am - 5pm  
Saturday: 8:45am - 4pm  
Sunday: By appointment  
Public Holidays: By appointment

Coco de Mer Boutique Hotel  
63 Compensation Beach Rd, Ballito,  
Tel: 032 866 0181  
WhatsApp: 060 402 8682

*Our Spa's are both uniquely set in the most gorgeous setting and were designed with the vision of providing clients with an escape to natural luxury allowing you to fully connect in a serene, calm environment.*

*We look forward to sharing the Symbiosis experience with you!*

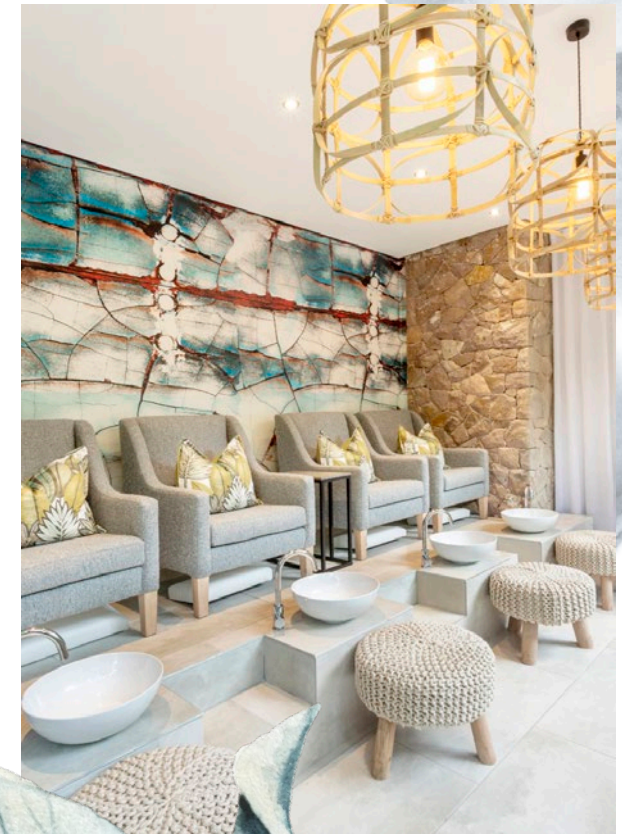
[www.symbiosisballito.co.za](http://www.symbiosisballito.co.za)

Prices subject to change  
Please visit our website for up to date pricing,  
etiquette, cancellation and other policies

Version November 2025

# Symbiosis

The Spa



## FACIALS & SKIN TREATMENTS

### DERMALOGICA

Proskin Treatment Facial	60/90min	R1040	R1400
Luminfusion Skin Treatment	60/90min	R1540	R1850
Pro Microneedling Face/Neck	45/60min	R1650	R1750
Pro Dermaplaning treatment	30/60 min	R490	R890
Express/ Teen Facial	45min	R800	
New Plump Peel	60min	R1350	
Pro Power Peel	45min	R1150	
Pro Firm Skin Treatment	60min	R1100	
Pro Clam Skin Treatment	60min	R1100	
Pro Clear Skin Treatment	60min	R1100	
Pro Bright Skin Treatment	60min	R1100	

### ADD ON ENHANCEMENTS

Multi vitamin Power Exfoliant	R180
Pro Power Eye Peel	R120
Red Light Therapy	R200
Pro Restore Serum	R280

### DERMAFIX

Dermafix Facial	60/90min	R900	R1300
Anti-aging Skin Collagen Facial	60/90min	R1200	R1600
Glow Brightening Facial	60min	R980	
Vitamin A Antioxidant Facial	60min	R1080	
Dermafix Progressive Light Peel	45min	R1100	
Dermafix Progressive TCA Peel	60min	R1300	
Spicules Nano-Needling	60min	R1400	

### KALAHARI FACIALS (Coco Only)

Nourishing Lipid Rich Facial	60min	R900
Antioxidant Vitamin C Facial	60min	R1000
Rejuvenation Phytic Cay Facial	60min	R1000

## SIMBIOSIS MESSAGES

Signature Full Body Massage	60min	R940
Deep Tissue Full Body Massage	60min	R1040
Indulgent Full Body Massage	90min	R1240
Decadent Full Body Massage	120min	R1880
Hot Stone Full Body Massage	60min	R1050
Pregnancy Back, Neck & Shoulder Massage	45min	R800
Pregnancy Full Body Massage	60min	R1040
Back, Neck & Shoulder Massage	45min	R750
Deep Tissue Back Massage	45min	R800
Deep Tissue Back Massage	60min	R1080
Release Scalp & Facial Massage	45min	R750
Foot & Leg Massage	30min	R550

### BODY TREATMENTS

Cellulite Treatment	R750
Back Facial Treatment	R720
Back Exfoliation (add on)	R250

### MASSAGE & MIMOSAS

120min R1950pp

*Indulge in pure relaxation with a decadent 2 hour full body massage, followed by a delicious mimosa to complete your experience. Perfect for a day of self-care or a special treat with friends*

### SIGNATURE FACIAL MASSAGE COMBO

90min R1500pp

*This opulent treatment is thoughtfully designed to revitalise your skin whilst simultaneously providing you with a transformative experience that incorporates both facial and massage elements. This experience will leave you utterly refreshed and radiant, melting away your stress and leaving you ready to face the world.*

## WAXING AND THREADING

Half Leg	R250
Full Leg	R370
Regular Bikini	R230
Brazilian	R360
Hollywood	R440
Wax (Eyebrow/Lip/Chin)	R110
Thread (Lip/Chin/Brow)	R120
Full Face Wax	R350
Full Face Thread	R360
Underarm	R170
Half Arm	R260
Full Arm	R330
Dermaplaning	R490

### EYELASH, EXTENSIONS & TINTING

Classic Lash Extension (Lovella)	R770
Volume/Hybrid lash Extensions	R880
Lash Fill (45min)	R500
Lash Fill (60min)	R550
Lash Tint	R150
Henna Brows	R440

### MANICURES & PEDICURES

Simbiosis Manicure	60min	R360
Deluxe Manicure	75min	R570
Gelish Hands	45min	R430
Gelish Hands & removal	60min	R490
Gelish Manicure	60min	R570
Gelish Manicure & removal	75min	R600
Simbiosis Pedicure	60min	R460
Deluxe Pedicure	75min	R600
Gelish Pedicure	60min	R560
Gelish Pedicure & removal	75min	R600
Gelish Toes	45min	R490
Gelish Toes & removal	60min	R550
Mediheel Peel Pedicure	60min	R600
French paint		R60