

# Spa Experiences

*Our aim when you visit either of our spas that your visit is nothing short of incredible, leaving you feeling relaxed and rejuvenated.*

## TIME OUT FOR TWO (1½ HRS)

Back, Neck and Shoulder Massage  
Relaxing Scalp Massage  
Relaxing Facial Massage with Masque  
Luxury Foot Treatment (champagne & fruit included)

R2600  
per couple

## ULTIMATE FULL DAY SPA RITUAL (4½ HRS)

Full Body Massage  
Symbiosis Manicure or Gelish Nails  
Advanced Facial  
Deluxe Pedicure/Gel Nails (champagne & fruit included)

R2750  
per person

## MOMMY-TO-BE RITUAL (3 HRS)

60min Pregnancy Massage  
Symbiosis Pedicure  
Customised Skin Treatment

R1980  
per person

## YOUR BESPOKE EXPERIENCE (1½ HRS)

*Choose any three of the following -*

Foot & Leg Massage  
Scalp Massage  
Relaxing Facial Massage with Masque  
Back Massage  
Hand or Foot Treatment

R1440  
per person

## LOVING COUPLES RETREAT (2½ HRS)

60min Full Body Massage  
Relaxing Foot Massage or Release Scalp Massage  
Customised Skin Treatment (champagne & fruit included)

R3950  
per couple

## SIMBIOSIS SIGNATURE RETREAT (3 HRS)

Customised Skin Treatment  
60min Signature Full Body Massage  
Luxury Pedicure

R1980  
per person

## MENS THERAPY RETREAT (2½ HRS)

60min Deep Tissue Full Body Massage  
Customised Skin Treatment  
Back Exfoliation or Scalp Massage

R1980  
per person

## MELT THAT STRESS RETREAT (2HRS)

60min Deep Tissue Full Body Massage  
30min Foot & Leg Massage  
30min Scalp Massage

R1690  
per person

## THE SPA AT SIMBITHI

Monday: Closed  
Tuesday to Friday: 8:30am - 5pm  
Saturday: 8:30am - 4pm  
CLOSED ON SUNDAYS & PUBLIC HOLIDAYS

Unit 201 Simbithi Office Park  
Shaka's Rock Road, Ballito  
Tel: **032 815 0606**  
WhatsApp: **079 586 5651**



## THE SPA AT COCO

Monday: 8:30am - 4pm  
Tuesday to Friday: 8:30am - 5pm  
Saturday: 8:30am - 4pm  
Sunday: By appointment  
Public Holidays: By appointment

Coco de Mer Boutique Hotel  
63 Compensation Beach Rd, Ballito,  
Tel: **032 866 0181**  
WhatsApp: **079 586 5651**

*Our Spa's are both uniquely set in the most gorgeous setting and were designed with the vision of providing clients with an escape to natural luxury allowing you to fully connect in a serene, calm environment.*

*We look forward to sharing the Symbiosis experience with you!*

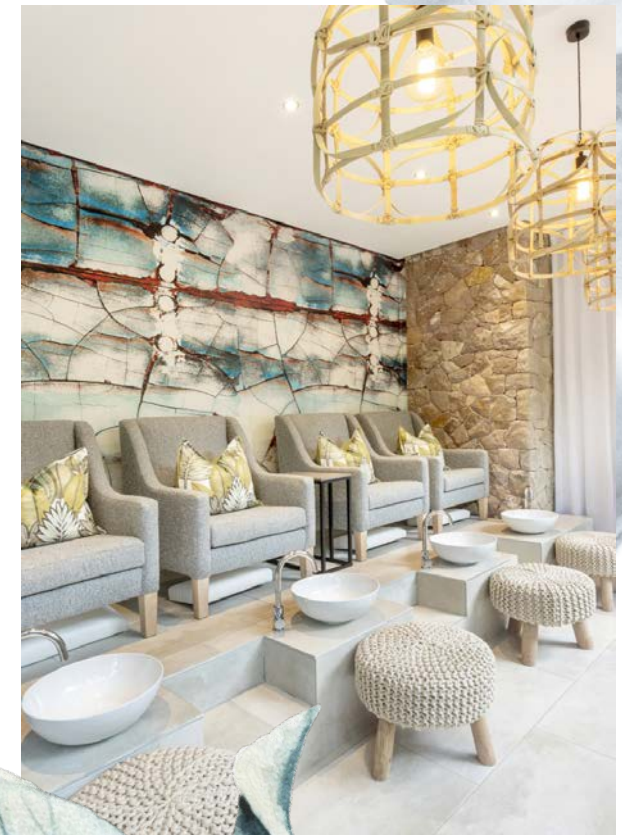
[www.symbiosisballito.co.za](http://www.symbiosisballito.co.za)

Prices subject to change  
Please visit our website for up to date pricing,  
etiquette, cancellation and other policies

Version December 2024

# Symbiosis

The Spa



## FACIALS & SKIN ENHANCEMENTS

### DERMALOGICA

Advanced Customised Facial	60/90min	R950	R1400
Liminfusion Anti-aging Facial	60/90min	R1540	R1850
Microneedling Face/Neck	45/60min	R1550	R1750
Facial & Massage Combo	90/120min	R1400	R1900
Pro Dermaplaning	30/60min	R450	R850
Pro Power Peel	45min	R1150	
Express/Teen Facial	45min	R720	

### DERMAFIX

Dermafix Facial	60/90min	R850	R1300
Anti-aging Skin Collagen Facial	60/90min	R1100	R1600
Glow Brightening Facial	60min	R850	
Vitamin A Antioxidant Facial	60min	R950	
Dermafix Progressive Light Peel	45min	R1100	
Dermafix Progressive TCA Peel	60min	R1300	
Spicules Nano-Needling	60min	R1400	

### KALAHARI FACIALS (Coco Only)

Nourishing Lipid Rich Facial	60min	R850	
Antioxidant Vitamin C Facial	60min	R930	
Rejuvenation Phytic Cay Facial	60min	R930	
De-Ageing Enzymatic Facial	60min	R950	
Facial & Massage Combo	90min	R1370	

### ADD ON ENHANCEMENTS

Collagen Film Mask	R180
Multi vitamin Power Exfoliant	R160
Dermaplaning	R250
Pro Power Eye Peel	R120
Light Therapy / Microcurrent	R200
Pro Restore Serum	R260
Collagen Eye/Lip Mask	R70

## SIMBIOSIS MESSAGES

Signature Full Body Massage	60min	R860
Deep Tissue Full Body Massage	60min	R890
Indulgent Full Body Massage	90min	R1130
Decadent Full Body Massage	120min	R1690
Hot Stone Full Body Massage	60min	R960
Pregnancy Back, Neck & Shoulder Massage	45min	R730
Pregnancy Full Body Massage	60min	R890
Back, Neck & Shoulder Massage	45min	R690
Deep Tissue Back Massage	45min	R730
Deep Tissue Back Massage	60min	R880
Release Scalp Massage	30min	R500
Foot & Leg Massage	30min	R500

## BODY TREATMENTS

Full Body Exfoliation Glow (Simbithi only)	R500
Full Body Hydrating / Detox Wrap (Simbithi only)	R600
Cellulite Treatment	R600
Back Facial Treatment	R540
Back Exfoliation	R200

## MASSAGE & MIMOSAS

120min R1750pp

*Indulge in pure relaxation with a decadent 2 hour full body massage, followed by a delicious mimosa to complete your experience. Perfect for a day of self-care or a special treat with friends*

## SIGNATURE FACIAL MASSAGE COMBO

90min R1370pp

*This opulent treatment is thoughtfully designed to revitalise your skin whilst simultaneously providing you with a transformative experience that incorporates both facial and massage elements. This experience will leave you utterly refreshed and radiant, melting away your stress and leaving you ready to face the world.*

## WAXING AND THREADING

Half Leg	R250
Full Leg	R370
Regular Bikini	R230
Brazilian	R360
Hollywood	R440
Wax (Eyebrow/Lip/Chin)	R110
Thread (Lip/Chin/Brow)	R120
Full Face Wax	R350
Full Face Thread	R360
Underarm	R170
Half Arm	R260
Full Arm	R330
Dermaplaning	R450

## EYELASH, EXTENSIONS & TINTING

Classic Lash Extension (Lovella)	R770
Volume/Hybrid lash Extensions	R880
Lash Fill (45min)	R500
Lash Fill (60min)	R550
Lash Tint	R150
Henna Brows	R440

## MANICURES & PEDICURES

Simbiosis Manicure	60min	R360
Deluxe Manicure	75min	R570
Gelish Hands	45min	R430
Gelish Hands & removal	60min	R490
Gelish Manicure	60min	R570
Gelish Manicure & removal	75min	R600
Simbiosis Pedicure	60min	R460
Deluxe Pedicure	75min	R600
Gelish Pedicure	60min	R560
Gelish Pedicure & removal	75min	R600
Gelish Toes	45min	R490
Gelish Toes & removal	60min	R550
Mediheel Peel Pedicure	60min	R600
French paint	R60	